

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 06/01/2023																
GRAB N GO BRKFAST	Total	1														
*Ultimate Brkfst Bar	1 Each	1	280	5	190	6.00	0.68	29.0	8	0.0	19	5.0	44.0	8.0	3.00	0.00
*Juice, 100% Fruit	1 Each	1	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Milk,Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			502	10	345	7.88	0.86	375.8	1202	87.98	*55	14.18	89.82	8.63	3.29	*0.00
% of Calories											*43.6%	11.3%	71.5%	15.5%	5.9%	*0.0%
Nutrient Guideline			450-500		540										<10.00	

Fri - 06/02/2023																
GRAB N GO BRKFAST	Total	100														
*Bun, Oatmeal Breakfast	1 Each	100	230	0	340	3.00	2.70	80.0	200	0.0	10	6.0	39.0	7.0	2.00	0.00
*Juice, 100% Fruit	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Milk,Variety	8 oz	100	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			452	5	495	4.88	2.88	426.8	1394	87.98	*46	15.18	84.82	7.63	2.29	*0.00
% of Calories											*40.4%	13.4%	75.0%	15.2%	4.5%	*0.0%
Nutrient Guideline			450-500		540										<10.00	

Mon - 06/05/2023																
GRAB N GO BRKFAST	Total	100														
Bagel, 3 Oz.	1 Each	100	217	0	230	4.36	2.47	0.0	0	0.0	4	0.0	44.6	0.82	0.00	0.00
Cheese, Cream	1 Each	100	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00
*Juice, 100% Fruit	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk,Variety	8 oz	100	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Applesauce, Unsweetened Cups	1 each	100	57	0	2	1.13	0.00	0.0	0	13.5	12	0.0	15.75	0.0	0.00	0.00
Weighted Daily Average			509	20	471	6.48	2.47	388.3	1200	75.50	48	12.50	96.15	5.24	2.25	0.00
% of Calories											37.7%	9.8%	75.5%	9.3%	4.0%	0.0%
Nutrient Guideline			450-500		540										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 06/06/2023																
GRAB N GO BRKFAST	Total	100														
*Cereal, Asst. w/String Cheese	1 Each	100	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00
*Juice, 100% Fruit	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk, Variety	8 oz	100	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Weighted Daily Average			387	15	518	8.66	5.06	641.8	1837	95.43	*44	16.93	69.12	5.33	2.54	*0.00
% of Calories											*45.8%	17.5%	71.4%	12.4%	5.9%	*0.0%
Nutrient Guideline			450-500		540										<10.00	

Wed - 06/07/2023																
GRAB N GO BRKFAST	Total	100														
*Bar - Granola Cocoa Krispies	1	100	150	0	140	3.00	0.72	100.0	500	0.0	10	2.0	27.0	4.5	1.00	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Juice, 100% Fruit	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk, Variety	8 oz	100	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			372	5	295	4.88	0.90	446.8	1694	87.98	*46	11.18	72.82	5.13	1.29	*0.00
% of Calories											*49.1%	12.0%	78.2%	12.4%	3.1%	*0.0%
Nutrient Guideline			450-500		540										<10.00	

Thu - 06/08/2023																
GRAB N GO BRKFAST	Total	1														
Muffin, Blueberry WG, 3 oz.	1 Each	1	223	30	115	3.30	0.18	80.0	52	1.2	17	3.9	38.5	6.0	0.90	0.00
*Juice, 100% Fruit	1 Each	1	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Milk, Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			445	35	270	5.18	0.36	426.8	1246	89.18	*52	13.08	84.32	6.63	1.19	*0.00
% of Calories											*46.9%	11.7%	75.7%	13.4%	2.4%	*0.0%
Nutrient Guideline			450-500		540										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 06/09/2023																
GRAB N GO BRKFAST	Total	1														
*Vanilla Breakfast Square	1 Each	1	260	20	180	1.00	0.72	60.0	0	0.0	20	5.0	36.0	7.0	2.00	0.00
*Juice, 100% Fruit	1 Each	1	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Milk,Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			482	25	335	2.88	0.90	406.8	1194	87.98	*56	14.18	81.82	7.63	2.29	*0.00
% of Calories											*46.2%	11.8%	67.8%	14.2%	4.3%	*0.0%
Nutrient Guideline			450-500		540										<10.00	

Mon - 06/12/2023																
GRAB N GO BRKFAST	Total	100														
*Cereal, Asst. w/String Cheese	1 Each	100	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00
*Juice, 100% Fruit	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Milk,Variety	8 oz	100	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			387	15	518	8.66	5.06	641.8	1837	95.43	*44	16.93	69.12	5.33	2.54	*0.00
% of Calories											*45.8%	17.5%	71.4%	12.4%	5.9%	*0.0%
Nutrient Guideline			450-500		540										<10.00	

Tue - 06/13/2023																
GRAB N GO BRKFAST	Total	100														
*Pillsbury Mini Cinnis	1 Each	100	240	0	300	2.00	1.44	40.0	0	0.0	15	5.0	40.0	8.0	2.00	0.00
*Juice, 100% Fruit	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Milk,Variety	8 oz	100	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			462	5	455	3.88	1.62	386.8	1194	87.98	*51	14.18	85.82	8.63	2.29	*0.00
% of Calories											*43.9%	12.3%	74.2%	16.8%	4.5%	*0.0%
Nutrient Guideline			450-500		540										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 06/14/2023																
GRAB N GO BRKFAST	Total	100														
*Cinnamon Crumble	1 Each	100	340	45	350	2.00	3.60	60.0	0	0.0	25	6.0	44.0	13.0	1.50	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Juice, 100% Fruit	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk,Variety	8 oz	100	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			562	50	505	3.88	3.78	406.8	1194	87.98	*61	15.18	89.82	13.63	1.79	*0.00
% of Calories											*43.2%	10.8%	63.9%	21.8%	2.9%	*0.0%
Nutrient Guideline			450-500		540										<10.00	

Thu - 06/15/2023																
GRAB N GO BRKFAST	Total	1														
*Ultimate Brkfst Bar	1 Each	1	280	5	190	6.00	0.68	29.0	8	0.0	19	5.0	44.0	8.0	3.00	0.00
*Juice, 100% Fruit	1 Each	1	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Milk,Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			502	10	345	7.88	0.86	375.8	1202	87.98	*55	14.18	89.82	8.63	3.29	*0.00
% of Calories											*43.6%	11.3%	71.5%	15.5%	5.9%	*0.0%
Nutrient Guideline			450-500		540										<10.00	

Fri - 06/16/2023																
GRAB N GO BRKFAST	Total	100														
*Bun, Oatmeal Breakfast	1 Each	100	230	0	340	3.00	2.70	80.0	200	0.0	10	6.0	39.0	7.0	2.00	0.00
*Juice, 100% Fruit	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Milk,Variety	8 oz	100	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			452	5	495	4.88	2.88	426.8	1394	87.98	*46	15.18	84.82	7.63	2.29	*0.00
% of Calories											*40.4%	13.4%	75.0%	15.2%	4.5%	*0.0%
Nutrient Guideline			450-500		540										<10.00	

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Mon - 06/19/2023																
GRAB N GO BRKFAST	Total	100														
*Cereal, Asst. w/String Cheese	1 Each	100	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00
*Juice, 100% Fruit	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Milk,Variety	8 oz	100	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			387	15	518	8.66	5.06	641.8	1837	95.43	*44	16.93	69.12	5.33	2.54	*0.00
% of Calories											*45.8%	17.5%	71.4%	12.4%	5.9%	*0.0%
Nutrient Guideline			450-500		540										<10.00	

Tue - 06/20/2023																
GRAB N GO BRKFAST	Total	100														
*Pillsbury Mini Cinnis	1 Each	100	240	0	300	2.00	1.44	40.0	0	0.0	15	5.0	40.0	8.0	2.00	0.00
*Juice, 100% Fruit	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Milk,Variety	8 oz	100	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			462	5	455	3.88	1.62	386.8	1194	87.98	*51	14.18	85.82	8.63	2.29	*0.00
% of Calories											*43.9%	12.3%	74.2%	16.8%	4.5%	*0.0%
Nutrient Guideline			450-500		540										<10.00	

Wed - 06/21/2023																
GRAB N GO BRKFAST	Total	100														
Muffin Top, Chocolate Chip	1 Each	100	235	29	108	3.10	1.20	4.0	820	1.4	17	3.9	41.0	6.0	0.90	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Juice, 100% Fruit	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk,Variety	8 oz	100	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			457	34	263	4.98	1.38	350.8	2014	89.38	*53	13.08	86.82	6.63	1.19	*0.00
% of Calories											*46.1%	11.4%	75.9%	13.0%	2.3%	*0.0%
Nutrient Guideline			450-500		540										<10.00	

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Thu - 06/22/2023																
GRAB N GO BRKFAST	Total	1														
*Ultimate Brkfst Bar	1 Each	1	280	5	190	6.00	0.68	29.0	8	0.0	19	5.0	44.0	8.0	3.00	0.00
*Juice, 100% Fruit	1 Each	1	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Milk,Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			502	10	345	7.88	0.86	375.8	1202	87.98	*55	14.18	89.82	8.63	3.29	*0.00
% of Calories											*43.6%	11.3%	71.5%	15.5%	5.9%	*0.0%
Nutrient Guideline			450-500		540										<10.00	

Fri - 06/23/2023																
GRAB N GO BRKFAST	Total	100														
*Bun, Oatmeal Breakfast	1 Each	100	230	0	340	3.00	2.70	80.0	200	0.0	10	6.0	39.0	7.0	2.00	0.00
*Juice, 100% Fruit	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Milk,Variety	8 oz	100	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			452	5	495	4.88	2.88	426.8	1394	87.98	*46	15.18	84.82	7.63	2.29	*0.00
% of Calories											*40.4%	13.4%	75.0%	15.2%	4.5%	*0.0%
Nutrient Guideline			450-500		540										<10.00	

Mon - 06/26/2023																
GRAB N GO BRKFAST	Total	1														
*Bagel, Cinnamon Raisin	1 Each	1	230	0	280	3.00	2.70	20.0	0	0.0	0	8.0	47.0	1.0	0.00	0.00
Cheese, Cream	1 Each	1	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00
*Juice, 100% Fruit	1 Each	1	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Milk,Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			512	20	520	5.88	2.88	426.8	1394	87.98	*38	21.18	94.82	5.63	2.29	*0.00
% of Calories											*29.4%	16.5%	74.0%	9.9%	4.0%	*0.0%
Nutrient Guideline			450-500		540										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 06/27/2023																
GRAB N GO BRKFAST	Total	100														
*Cereal, Asst. w/String Cheese	1 Each	100	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00
*Juice, 100% Fruit	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk, Variety	8 oz	100	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Applesauce, Unsweetened Cups	1 each	100	57	0	2	1.13	0.00	0.0	0	13.5	12	0.0	15.75	0.0	0.00	0.00
Weighted Daily Average			397	15	520	7.91	4.89	623.3	1643	82.94	51	16.25	72.85	5.11	2.50	0.00
% of Calories											51.0%	16.4%	73.3%	11.6%	5.7%	0.0%
Nutrient Guideline			450-500		540										<10.00	

Wed - 06/28/2023																
GRAB N GO BRKFAST	Total	100														
*Mini Breakfast Bites, Apple	4 Each	100	270	0	160	3.00	1.50	20.0	0	0.0	2	4.0	41.0	10.0	4.50	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Juice, 100% Fruit	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk, Variety	8 oz	100	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			492	5	315	4.88	1.68	366.8	1194	87.98	*38	13.18	86.82	10.63	4.79	*0.00
% of Calories											*30.6%	10.7%	70.5%	19.4%	8.8%	*0.0%
Nutrient Guideline			450-500		540										<10.00	

Thu - 06/29/2023																
GRAB N GO BRKFAST	Total	1														
*Raspberry Breakfast Square	1 Each	1	260	20	180	1.00	0.72	85.0	0	0.0	20	5.0	36.0	7.0	2.00	0.00
*Juice, 100% Fruit	1 Each	1	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Milk, Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			482	25	335	2.88	0.90	431.8	1194	87.98	*56	14.18	81.82	7.63	2.29	*0.00
% of Calories											*46.2%	11.8%	67.8%	14.2%	4.3%	*0.0%
Nutrient Guideline			450-500		540										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 06/30/2023																
GRAB N GO BRKFAST	Total	100														
*Vanilla Breakfast Square	1 Each	100	260	20	180	1.00	0.72	60.0	0	0.0	20	5.0	36.0	7.0	2.00	0.00
*Juice, 100% Fruit	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Milk,Variety	8 oz	100	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			482	25	335	2.88	0.90	406.8	1194	87.98	*56	14.18	81.82	7.63	2.29	*0.00
% of Calories											*46.2%	11.8%	67.8%	14.2%	4.3%	*0.0%
Nutrient Guideline			450-500		540										<10.00	

Weighted Average			461	17	416	5.67	2.30	445.0	1402	88.32	*49	14.79	83.31	7.43	2.41	*0.00
											*96.5%	12.8%	72.2%	14.5%	4.7%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	461		450 - 500	100%				
Cholesterol (mg)	17							
Sodium (mg)	416		540					
Fiber (g)	5.67							
Iron (mg)	2.30							
Calcium (mg)	445.0							
Vitamin A (IU)	1402							
Sugars (g)	49	42.90%			Missing			
Vitamin C (mg)	88.32							
Protein (g)	14.79	12.82%						
Carbohydrate (g)	83.31	72.25%						
Total Fat (g)	7.43	14.50%						
Saturated Fat (g)	2.41	4.70%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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